

De-Mystifying Palliative Care- Survey Results

March 14, 2025

The ESCC continues to diversify its strategies for promoting the well-being of older adults and seniors and their families or support network. We hosted this event to create awareness around palliative care, stimulate a growth in the community that can counter myths about it and advocate for access and a broadened range of services.

We received responses from 6 out of **9 attendees**, corresponding to a **survey participation rate of 67%**. One participant subsequently sent overall feedback via email. The latter is integrated at the very end of this report.

We reiterate our gratitude for the invaluable testimonials and insights that the interactive approach adopted by the Palliative Care Institute of Montreal experts and the intimacy and the safe space created collaboratively allowed for.

The event closed with a focus-group type activity notably rich with suggestions to guide our palliative care promotion via parishes.

The survey responses that follow are verbatim and presented in their integrity: only the last question, more open-ended (Q4), has a loss of respondents (4 out of 6 answered it).

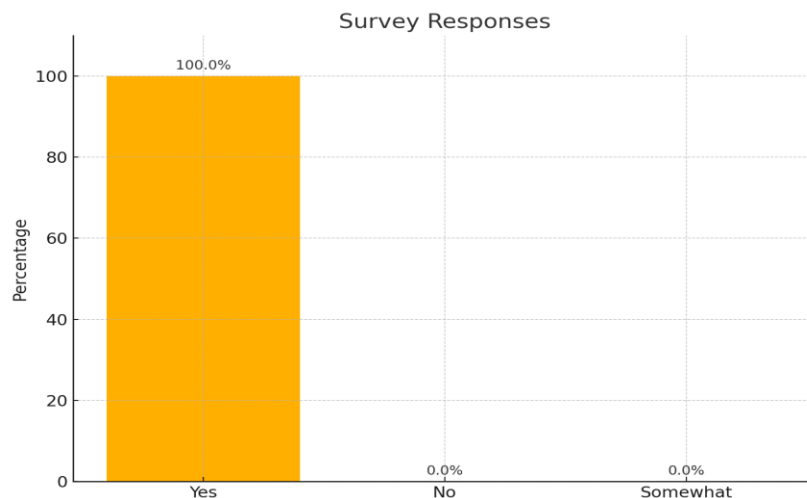
Q.1 What, if anything, has changed in your perception or understanding of palliative care? Or, please name the 2 new elements or confirmations that are most important to you, perhaps in relation to your loved ones or your volunteer work.

- ✓ Knowing that palliative care can begin when there is a diagnosis of life-limiting illness
- ✓ Awareness is essential & Accessibility to palliative care not given by default to families
- ✓ That palliative care is available much earlier in the course of an illness or chronic condition than I thought & That bereavement care is part of what palliative care teams provide
- ✓ Yes, now I know that it is accessible to all sick people
- ✓ The two elements most important are: Palliative care also involves chronic illness & Palliative care is not only for the elderly
- ✓ Access to palliative care not only for the last days of life

Q.2 Of the dozen or so myths presented, which do you feel are most important to counter together?

- ✓ That palliative care is not about just the end of life & Whole person care
- ✓ Awareness & Accessibility
- ✓ That palliative care is a right and can be offered anywhere
- ✓ End of your life
- ✓ Most important to counter together would be the inclusion of spiritual guidance in palliative care
- ✓ Palliative care is only for the dying & Medication

Q.3 Did you find the information provided by the ESCC about their priorities and collaborations toward promoting palliative care informative and engaging?



Q.3.a. If you answered yes to the previous question, please specify what interests you the most:

- ✓ Community, coming together, call to action
- ✓ Work to ensure that palliative care is widely available
- ✓ Getting different associations or medical agents to inform the patient of his rights
- ✓ Commencing palliative care earlier
- ✓ Awareness and access to care

Q.4 What can the ESCC do to support whole person care ministries, volunteers, and initiatives / activities?

- ✓ Help to inform and spread the word
- ✓ Help to publicize opportunities for volunteers to get involved & Hhelp to train volunteers
- ✓ Raise awareness
- ✓ Information needed

Additional comments and observations are most welcome! Please use this space to share your thoughts beyond the survey questions.

- ✓ I am not sure why there were fewer participants---brainstorming about communications etc.?
- ✓ Much appreciated. Thank you!
- ✓ Many thanks!
- ✓ I learned so much info I did not know of
- ✓ What a life-giving encounter this morning! I am grateful for this initiative, and also that it was intimate as it allowed me to encounter these other wonderful and interesting participants.